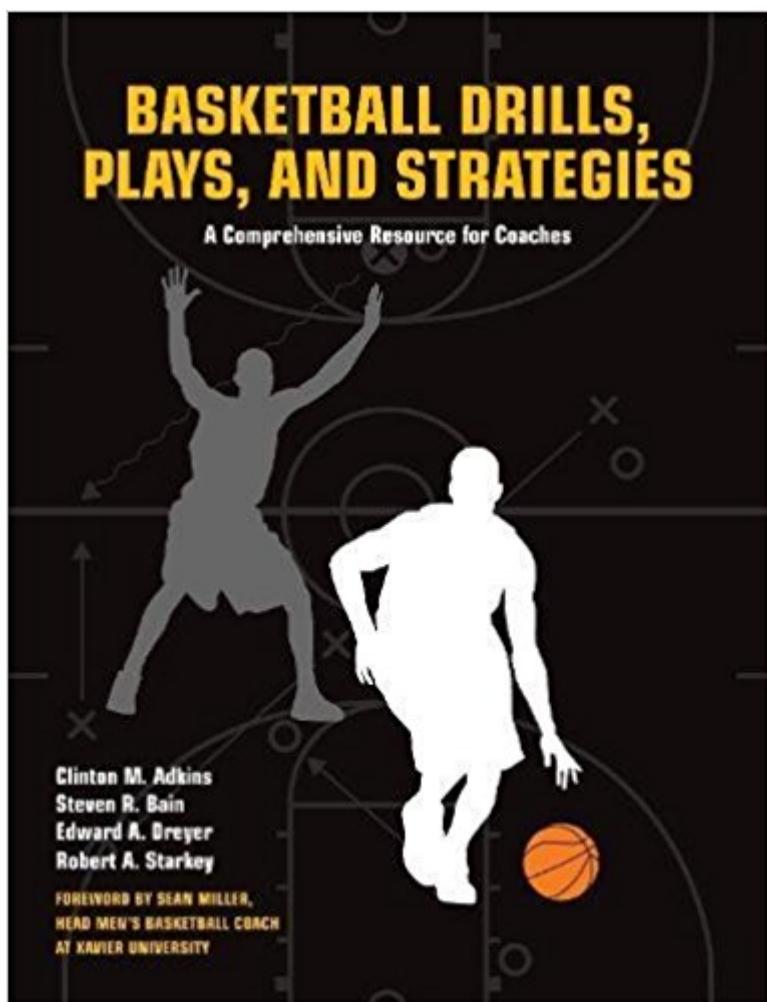


The book was found

Basketball Drills, Plays And Strategies: A Comprehensive Resource For Coaches



Synopsis

The Only Resource You Need for a Standout SeasonAll basketball coaches can use some fresh ideas for practice drills, game plays and strategies. Whether you are coaching beginners who need a place to start, or a successful team that just needs polish, "Basketball Drills, Plays, and Strategies" is a resource you can trust to produce positive results on the court. With over 160 drills and plays, this book covers every aspect of your season. It will help you run efficient and effective practices and improve your game in live competition. Step-by-step instructions, accompanied by diagrams and illustrations walk you and your players through every step of the way. Areas of the game that are covered in detail include: Fundamental skills like dribbling, shooting, passing, and reboundingOffense and defenseInbound and tip-off playsPresses and press breaksConditioning drills Because each drill and play includes adjustments to make things easier for beginners and more difficult for advanced players, you will be able to rely on this resource throughout your coaching career no matter what level you are working with. So don't let time run outstart preparing for your next season today!"

Book Information

Paperback: 288 pages

Publisher: Betterway Books (August 31, 2007)

Language: English

ISBN-10: 1558708103

ISBN-13: 978-1558708105

Product Dimensions: 7 x 0.8 x 9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 12 customer reviews

Best Sellers Rank: #144,041 in Books (See Top 100 in Books) #35 in Books > Sports & Outdoors > Basketball > Coaching #537 in Books > Sports & Outdoors > Coaching

Customer Reviews

All four authors are coaches for Cincinnati area high schools. Clint Adkins is an assistant coach for Lakota East. Steve Bain is an assistant at Elder High School. Ed Dreyer is the head coach at Hughes High School. Rob Starkey is the head coach at Villa Madonna High School. All four played college basketball and are actively involved in summer youth basketball camps.

Great coaching guide for any age level. Breaks drills and plays down so it is easy to follow and

translate to the court. Highly recommend.

I was hoping that this book would live up to the word comprehensive, but it's not. The book is good enough, though, and I am glad that I bought it. The diagrams in the books for drills and practices are good and gives good visuals for organizing practices. The book is good (because I didn't give it 5 stars doesn't mean it's not good or worth getting) but I think you're better served referencing other coaching books in addition to using this one.

Great balance of basketball focus' considered throughout the book.

This book has a nice amount of drills to implement in your practices, it also has effective plays to teach your team. I wouldn't use it as the go to book but it's an effective supplemental book.

Great for the price!!!!

I coach boys 7-8 grade and this book is great - it has a lot of plays and drills that can be used for practices, i highly recommended

A great book to throw into your ball bag as a coach. The team needs to work on something and a drill doesn't come to mind, open up the book to find the drill you want.

Thanks

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